# Hirst Wood Nursery School & Children's Centre

Lunchtime menu week 2

## MONDAY

Lamb & mint grills

Quorn burgers (V & H)

Served with cabbage, carrots and potatoes

Mandarin sponge & chocolate sauce

#### **TUESDAY**

Minced beef and onion

Halal keema roll (H)

Cheese quiche (V)

Served with broccoli, carrots & roast

potatoes

Fresh fruit salad or strawberry and vanilla moose

#### **WEDNESDAY**

Pasta bolognaise Vegetable soya bolognaise (V)

Served with carrot & cucumber batons

And garlic bread

Flapjack and fruit slice

#### **THURSDAY**

Salmon bites
Quorn burger (V)
Served with peas, sweetcorn, potatoes
& cheese sauce

Chocolate sponge & chocolate sauce

### **FRIDAY**

Cheese and tomato pizza

Served with oven chips and baked beans

Fresh fruit salad

- All main meals are accompanied with potatoes, fresh bread, seasonal vegetables, and either salad or rice.
- All meat and poultry used is fresh and locally sourced.
- All fresh vegetables and potatoes are locally sourced.
- All our fish, vegetarian & cheese dishes are suitable for Muslims.
- We do not use any preservatives or additives that are unsuitable for children.
- We have a no nut and no genetically modified ingredient policy.
- All dessert items are suitable for vegetarians and Muslims.







(Menu is subject to changes)