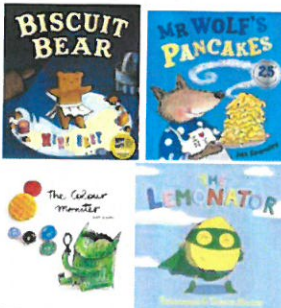

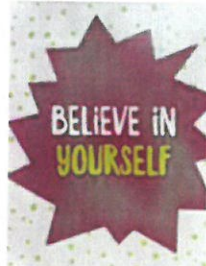

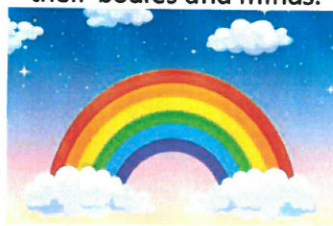


Week beginning: 9th February 2026

Children's Mental Health Week - This week in Maple

Book of the week: Biscuit Bear, Mr Wolf's Pancakes, The Colour Monster, The Lemonator 	Rhyme of the week: Wind The Bobbin Up 	Happy Thought: 	Sign of the week: Sister 
In Maths we will be: <ul style="list-style-type: none">• Exploring simple repeating patterns using colours and objects.• Noticing what comes next in a pattern.• Fitting objects into different spaces.• Using words like in, out, big and small to talk about shape and space.		In Phonics we will be: <ul style="list-style-type: none">• Listening carefully to sounds in words.• Blending simple sounds together to say a word.• Joining in with songs, stories and rhymes.• Spotting words that rhyme and saying silly rhymes together.	
Learning opportunities: This week in our enhanced and continuous provision, the children will have opportunities to: <ul style="list-style-type: none">• Explore mixing and changing materials through baking and dough play.• Listen to and enjoy stories, talking about feelings and ways to manage them.• Use construction resources and sand to build, dig and create.• Develop early maths skills through pattern play and fitting objects into spaces.• Join in with songs, rhymes and sound games to support early phonics.		Help at Home: Mindfulness at Home This week we are focusing on supporting children's wellbeing and emotions. You might like to try the attached guided mindfulness activities at home, such as Be a Tree and Rainbow Breathing. These short, calming activities can help children relax, talk about their feelings and develop simple strategies to calm their bodies and minds. 	
Dates for your diary: Friday 13th February – Nursery will close for half term. We will reopen on Monday 23rd February. We hope you have a lovely half-term break with your family			

We are here to help. If you have any questions or concerns, please talk to your child's keyworker or any of the staff in Maple.