

Hirstwood Nursery School & Children's Centre

Menu - Week 3

Week Commencing:
18th Nov, 9th Dec,
20th Jan, 10th Feb,
2nd Mar, 23rd Mar,
13th Apr

Day	Choose from...	Desserts...
Mon	Chilli Con Carne ✓ Quorn Chilli	Apple Crumble
Tues	Cheese & Tomato Pizza ✓	Fresh Fruit Salad
Wed	Sausage in Onion Gravy ✓ Halal Chicken Sheesh Kebab ✓ Quorn Sausage in a Bun	Marble Sponge
Thurs	Salmon Fillet Fish Fingers ✓ Vegetable Roll	Oat Cookie
Fri	Roast Pork Dinner ✓ Halal Roast Chicken ✓ Cheese & Onion Flan	Decorated Iced Buns

Did you know?...
Bananas give you lots of energy to keep you going through the day in all you work and play.

Soil Association FOOD FOR LIFE BRONZE CATERING

Assured Food Standards

All menu items are subject to availability and may change without notice

the food quarter



The wording in this publication can be made available in other formats such as large print.
Please call: 01274 431404.



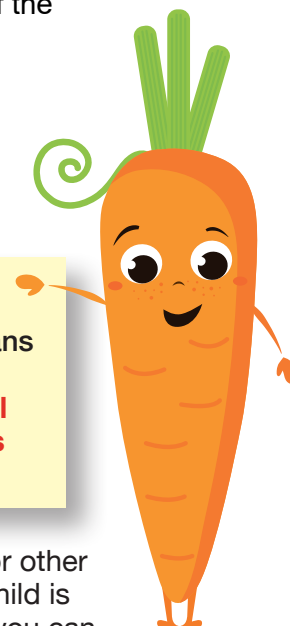
School Catering

at Hirstwood Nursery School & Children's Centre

This leaflet contains details of the menu at Hirstwood after the October half term.

Tasty, nutritious school meals have been provided in the Bradford district for many years.

The Universal Infant Free School Meals scheme means these meals are provided **FREE to all primary school children in reception class and Years 1 & 2.**



There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's important that you still register as your school will benefit from extra funding.

Please Note: For children in Years 3-6, meals will be priced at £1.80, which is still great value for money.

Check out our new school meals app

It's the easy way to get school meals information via your phone or tablet. Scroll through the daily menu options, look at nutritional and allergen information, save your child's school, and so much more!!

Simply go online to the link below and follow the instructions to download/save the app.



www.bradford.gov.uk/schoolmeals

Hirstwood Nursery School & Children's Centre

Menu - Week 1

Week Commencing:
4th Nov, 25th Nov,
16th Dec, 6th Jan,
27th Jan, 9th Mar,
30th Mar

Mon

Choose from...

- Breaded Fillet Of Fish
- ✓ Quorn & Mixed Pepper Fajita

Desserts...
Pineapple Upside Down
Cake



Tues

Choose from...

- Chicken Katsu Curry
- ✓ Halal Chicken Bhuna
- ✓ Lentil Curry

Desserts...
Oat Cookie

Did you know?....
One orange provides a
range of vitamins and
minerals; a staggering
130 percent of your
vitamin C needs for
the day!

Wed

Choose from...

- Minced Beef & Onion Pie
- ✓ Quorn Mince & Onion Pie

Desserts...
Rice Pudding & Peaches

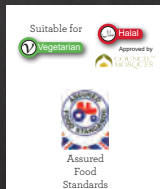


Thurs

Choose from...

- Roast Turkey Dinner
- ✓ Halal Roast Chicken
- ✓ Quorn Chicken Pieces

Desserts...
Ginger Biscuits

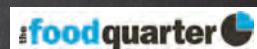


Fri

Choose from...

- ✓ Cheese & Tomato Pizza

Desserts...
Fresh Fruit Salad



- ✓ All main meals are accompanied with either potatoes, rice or naan bread, seasonal vegetables or salad or fresh bread.
- ✓ All meat is from farms which satisfy UK welfare standards.
- ✓ All fresh vegetables and potatoes are locally sourced, wherever possible.
- ✓ All our fish, vegetarian, and cheese dishes are suitable for Muslims.

- ✓ All desserts are suitable for vegetarians and Muslims.
- ✓ We do not use preservatives or additives that are unsuitable for children.
- ✓ We have a no nut and no genetically modified ingredient policy.
- ✓ The school meals provider at Hirstwood have been awarded the bronze standard.



Approved by
COUNCIL OF
MOSQUES



Hirstwood Nursery School & Children's Centre

Menu - Week 2

Week Commencing:
11th Nov, 2nd Dec,
13th Jan, 3rd Feb,
24th Feb, 16th Mar

Mon

Choose from...

- Roast Gammon Dinner
- ✓ Halal Roast Chicken
- ✓ Quorn Cottage Pie

Desserts...
Chocolate & Mandarin
Sponge



Tues

Choose from...

- Pasta Bolognese
- ✓ Vegetarian Bolognese

Desserts...
Butterfly Buns

Did you know?....
Apples are very
nutritious. This means
they are good for you.
Apples are filled with
potassium, vitamin C,
carbohydrates, fibre
and antioxidants.

Wed

Choose from...

- ✓ Cheese & Tomato Pizza

Desserts...
Fresh Fruit Salad

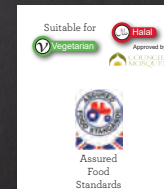


Thurs

Choose from...

- Beef Lasagne
- ✓ Halal Lasagne
- ✓ Quorn Lasagne

Desserts...
Flap Jack



Fri

Choose from...

- Gluten Free Fish Fingers
- ✓ Cheese Lattice

Desserts...
Apple Crumble



Children in Years 3 to 6 could also get School Meals for FREE

Your child is entitled to free school meals if you receive any of the following:

- Income Support
- Universal Credit
- Pension Credit (Guarantee Credit only)
- Income based Jobseekers Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit with an annual income of less than £16,190, if not receiving Working Tax Credit
- Income-related Employment and Support Allowance
- Working Tax Credit run-on

Registering for Free School Meals means your school gets extra money from the government, known as the pupil premium. For more information on free school meals please tel: 01274 432772 or email: benefits@bradford.gov.uk Or check/apply online at www.bradford.gov.uk/benefits