

# Hirst Wood Nursery School & Children's Centre

## Lunchtime menu week 3

### MONDAY

Pork sausage  
Quorn sausage (V&H)

*Served with cabbage, carrots & potatoes*

Mandarin sponge & custard

### TUESDAY

Pasta bolognaise  
Halal keema roll (V)  
Vegetable roll (H)

*Served with carrot and cucumber batons & garlic bread*

Fresh fruit

### WEDNESDAY

Cheese and tomato pizza

*Served with oven chips & beans*

Decorated buns

### THURSDAY

Roast turkey  
Halal shepherds pie (H)  
Cheese lattice (V)

*Served with seasonal vegetable & potatoes*

Rice pudding with peaches or jam

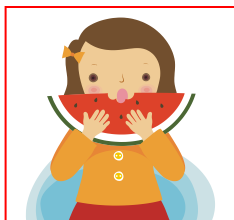
### FRIDAY

Tempura battered fish  
Quorn burger (V&H)

*Served with peas, sweetcorn & potatoes*

Fresh fruit

- All main meals are accompanied with potatoes, fresh bread, seasonal vegetables, and either salad or rice.
- All meat and poultry used is fresh and locally sourced.
- All fresh vegetables and potatoes are locally sourced.
- All our fish, vegetarian & cheese dishes are suitable for Muslims.
- We do not use any preservatives or additives that are unsuitable for children.
- We have a no nut and no genetically modified ingredient policy.
- All dessert items are suitable for vegetarians and Muslims.



(Menu is subject to changes)