

# Hirst Wood Nursery School & Children's Centre

## Lunchtime menu week 2

### MONDAY

Pork meatballs (gluten free)  
Quorn meatballs in curry sauce ( V&H)

*Served with peas, sweetcorn and  
potatoes*

Chocolate and mandarin sponge with  
chocolate sauce

### TUESDAY

Chicken colcannon pie  
Vegetable roll (V)  
Halal spicy chicken roll (H)  
*Served with cabbage, carrots and  
potatoes*

Fresh fruit

### WEDNESDAY

Roast Turkey dinner  
Quorn sausage (V&H)  
*Served with broccoli, carrots and  
potatoes*

Oat cookie and fruit

### THURSDAY

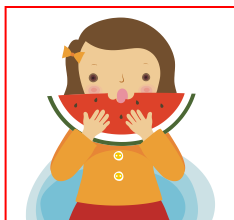
Tempura battered fish  
Quorn burger  
*Served with peas, sweetcorn and  
potatoes*  
Chocolate and mandarin sponge with  
chocolate sauce

### FRIDAY

Cheese and tomato pizza  
*Served with beans and chips*

Fresh fruit

- All main meals are accompanied with potatoes, fresh bread, seasonal vegetables, and either salad or rice.
- All meat and poultry used is fresh and locally sourced.
- All fresh vegetables and potatoes are locally sourced.
- All our fish, vegetarian & cheese dishes are suitable for Muslims.
- We do not use any preservatives or additives that are unsuitable for children.
- We have a no nut and no genetically modified ingredient policy.
- All dessert items are suitable for vegetarians and Muslims.



(Menu is subject to changes)