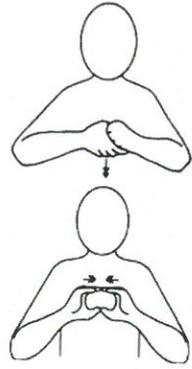


This week in Chestnut - Oral Health Week

We are here to help. If you have any questions or concerns, please talk to your child's keyworker or any of the staff.

<p>Book of the week: We're Going on an Egg Hunt</p> 	<p>Rhyme of the week: Little Peter Rabbit & I Dig My Garden</p> 	<p>Sign of the week: <i>Friend and Egg</i></p> 	<p>Happy Thought of the week:</p> 
--	--	--	--

Maths

We will be:

Subitising to 5

Using 5 double-sided counters, we will throw them gently and look carefully at the colours on each side. We will say how many counters landed on each side without counting, noticing patterns in the numbers. We will take turns and watch our friends throw the counters too, talking about what we see.

Creating repeating patterns

Using colourful objects such as blocks or counting bears, we will look at and copy simple patterns like red-blue-red-blue (AB). We will say the colours aloud and then try to continue the pattern ourselves. When we are confident, we will make slightly more complex patterns like red-blue-yellow (ABC) using three different colours or objects.

Learning Opportunities

We will be:

- Taking part in an Easter Egg hunt!
- Planting sunflower seeds and learning what plants need to grow.
- Role playing being dentists.
- Decorate paper eggs using corks and two colours to make repeating patterns.
- Making Easter buns with chocolate and Rice Krispies, washing our hands, and following simple steps to mix and fill our cases.

Phonics Phase 1 Aspect 5 – Alliteration

We will be:

Finding the odd one out

We will look at three objects at a time (for example, sock, sun, ball). We will listen carefully to the first sound of each word, repeating the sounds together. We will think about which two objects start with the same sound and spot the one that is different. We will point to or name the object that doesn't match and have a turn with different sets of objects to practise our listening and thinking skills.



Help at Home

Supporting Oral Health Week at home

Brushing Together – Encourage your child to brush their teeth twice a day. Use a timer or a short song to make it enjoyable and help them brush all surfaces.

Healthy Snacks – Offer tooth-friendly foods such as fruits, vegetables, cheese, and water. Limiting sugary treats helps teeth stay strong.

Talk About Teeth – Read a short story or watch a video about looking after teeth, then chat about why brushing and healthy eating are important.

Dates for your diary:

- **WC 23rd March** - Oral Health Week. The dental nurse team will be in nursery on **Thursday 26th** to talk to the children about looking after their teeth.
- **Tuesday 24th and Thursday 26th of March** - Easter themed Lunch
- **Thursday 26th of March** - We close for the Easter break.
- **Friday 27th of March** is a training day. We are closed to children on this day.
- **Monday 13th of April** - We re-open on to returning children. New starters will receive details of their start date.