Homemade bread, selection of seasonal vegetables or fresh salad served daily

## **Hirst Wood Nursery School** & Children's Centre

Wk 1 - 21st Apr, 12th May, 2nd Jun, 23rd Jun, 14th Jul, 1st Sep, 22nd Sep, 13th Oct Wk 2 - 28th Apr. 19th May. 9th Jun, 30th Jun, 21st Jul, 8th Sep, 29th Sep, 20th Oct Wk 3 - 5th May, 26th May, 16th Jun, 7th Jul, 28th Jul, 15th Sep, 6th Oct, 27th Oct

# MON

### **Meat Lasagne**

TUES

#### **Roast Dinner**

## THUR

### Southern Fried

#### Savoury Rolls (Served with Chips / Jacket Wedges & Salad or Beans)

### (Served with Garlic Bread & Salad)

#### (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

WED

Cheese & **Tomato Pizza** (Served with Chips & Beans or Salad)

**Chicken Goujons** (Served with Jacket Wedges, Salad or Seasonal Vegetables)

Seasonal Vegetables)

FRI

WEEK

Vegetarian Mince Lasagne (Served with Garlic Bread

Veggie Mince **Shepherds Pie** (Served with Yorkshire Pudding & Seasonal Vegetables)

Vegetable Dippers (Served with Ketchup, Jacket Wedges, Salad or

Apple Cake (Baked Vanilla Sponge with Blended Apples & topped with Icing Sugar)

Volcano Buns (A Sponge-like Biscuit with a Jam / Lemon Freshly

Flapjack

& Salad)

Freshly **Prepared Fruit** 

Ice Cream Tubs

Marble Sponge (Served with Chocolate Sauce)

Freshly **Prepared Fruit**  Old School Sponge Cake

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Freshly Prepared Fruit

Freshly **Prepared Fruit** 

**Prepared Fruit** 

Spaghetti Bolognaise

(Spaghetti Bolognaise, served with Garlic Bread & Salad)

**Roast Dinner** 

(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

Cheese & **Tomato Pizza** (Served with Chips & Beans or Salad)

**MSC Battered Fish** 

**Quorn Roast** 

(Served with Yorkshire Pudding & Seasonal Vegetables)

(Served with Jacket Wedges, Salad or Vegetables)

(Served with Crusty Bread & Salad)

WEEK

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**Mascarpone Pasta** 

Veggie Mince Pasta Bolognaise

Sprinkle Cake (Vanilla Sponge topped with Icing & Sprinkles)

> Freshly **Prepared Fruit**

**Cornflake Tart** (Served with Custard)

Freshly **Prepared Fruit**  Ice Cream Tubs

Freshly **Prepared Fruit**  Fruit Jelly

Prepared Fruit

Mac & Cheese (Served with Crusty / Garlic Bread & Salad)

Cheese Roll (Served with Seasoned Potatoes & Seasonal Vegetables)

Freshly

**Prepared Fruit** 

Pomodoro Pasta (Served with Fusilli Pasta, Crusty Bread & Salad)

Beef Burger in a Bun Wedges & Salad)

**Quorn Burger** in a Bun (Served with Jacket Wedges & Salad)

MSC Salmon & Cheese & **Sweet Potato Fishcake Tomato Pizza** (Served with Creamed Pota & Seasonal Vegetables) (Served with Chips & Beans or Salad)

**MSC Fish Fingers** (Served with Creamed Potatoes & Seasonal Vegetables)

Breaded Cheese & Vegetable Grill (Served in a Bun with Salad & Optional Coleslaw)

Jam Sponge (Served with Custard)

Freshly **Prepared Fruit**  Fruity Flapjack

Freshly **Prepared Fruit**  Chocolate Brownie

Freshly **Prepared Fruit**  Chocolate & **Pear Sponge** 

Freshly **Prepared Fruit**  Vanilla Cookie

Freshly **Prepared Fruit**  .



WEEK

I food quarter



For full allergen & nutritional information head to our app







